

September Menu 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>DON'T FORGET 3 POINTS!</p> <p>GRAINS, DAIRY, PROTEIN, FRUITS, VEGGIES TAKE AT LEAST ONE FRUIT OR VEGGIE AND AT LEAST THREE OF THE FIVE ITEMS TOTAL SO YOUR MEAL COUNTS AS A COMPLETE LUNCH!!!!</p> 				<p>1) Apple Frudal/ Cereal Banana Grapes Ice Cold Milk</p>
				<p>Hot Dogs Tater Tots Pork and Beans Watermelon Ice Cold Milk</p>
	<p>5) Mini Cinnis/ Cereal Apple Mixed Fruit Ice Cold Milk</p>	<p>6) Biscuit & Gravy/ Cereal Sausage Apricots Pears Ice Cold Milk</p>	<p>7) Cheesy Hashbrowns/ Cereal WG English Muffin Juice Oranges</p>	<p>8) Cinnamon Toast/ Cereal Yogurt Banana Peaches Ice Cold Milk</p> 
<p>NO SCHOOL</p>	<p>Bean and Cheese Burrito Rice Mixed Vegetables Mixed Fruit Ice Cold Milk</p>	<p>Seashell Casserole Dinner Roll Corn Pears String Cheese Ice Cold Milk</p>	<p>Taco Salad Refried Beans w/ Cheese Cauliflower Peaches Ice Cold Milk</p>	<p>Chicken Strips French Fries Broccoli Apple Ice Cold Milk</p>
<p>11) Pancake & Sausage on a Stick/ Cereal Juice Peaches Ice Cold Milk</p>	<p>12) Cherry Frudal/ Cereal Banana Juice Ice Cold Milk</p>	<p>13) Breakfast Turtle/Cereal Whole Wheat Toast Peaches Mixed Fruit Ice Cold Milk</p> 	<p>14) Ham and Cheese Bagel/ Cereal Tater Tots Oranges Ice Cold Milk</p>	<p>15) Cinnamon Bun/ Cereal Raisins Apple Iced Cold Milk</p>
<p>Mini Corn Dogs Tater Tots Cucumber Slices Strawberry Cups Ice Cold Milk</p>	<p>Beef Tacos Black Beans Cauliflower Oranges String Cheese Ice Cold Milk</p>	<p>Spaghetti String Cheese Dinner Roll Corn Pears Ice Cold Milk</p>	<p>Cheese Enchiladas Rice Steamed Carrots Peaches Ice Cold Milk</p>	<p>Pizza Red Bell Peppers Broccoli Apple Ice Cold Milk</p>
<p>18) Churros/ Cereal Yogurt Oranges Juice Ice Cold Milk</p>	<p>19) Srambled Eggs/ Cereal Whole Wheat Toast Pears Apple Ice Cold Milk</p> 	<p>20) Yogurt Parfait with Granola Cereal Juice Mandarin Oranges</p>	<p>21) Pancakes/ Cereal Peaches Juice Ice Cold Milk</p>	<p>22) Breakfast Pizza/ Cereal Pineapple Oranges Ice Cold Milk</p>
<p>Chicken Nuggets French Fries Carrots Oranges Ice Cold Milk</p>	<p>Chicken Soft Tacos Pinto Beans Cauliflower Peaches Ice Cold Milk</p>	<p>Chicken Sandwich French Fries Cucumber Slices Apple Ice Cold Milk</p>	<p>Macaroni & Cheese Biscuit Green Beans Mixed Fruit Ice Cold Milk</p>	<p>Tuna Sandwich Chips Carrots Cauliflower Apple Ice Cold Milk</p>
<p>25) WG Waffle Stix/ Cereal Peaches Pears Ice Cold Milk</p>	<p>26) Cinnamon Bun/ Cereal Raisin Apple Ice Cold Milk</p>	<p>27) Breakfast Burrito/ Cereal Juice Kiwi Ice Cold Milk</p>	<p>28) Bagels/ Cereal Oranges Juice Ice Cold Milk</p>	<p>29) Chocolate Chip Muffin/ Cereal Apple Mixed Fruit Ice Cold Milk</p>
<p>Beef Nachos Celery & Peanut Butter Broccoli Apple Ice Cold Milk</p>	<p>Chimichanga Rice Mixed Vegetables Mixed Fruit Ice Cold Milk</p>	<p>Hamburgers French Fries Carrots Apple Ice Cold Milk</p>	<p>Chicken Noodle Casserole Biscuit Carrots Mixed Fruit Ice Cold Milk</p>	<p>French Bread Pizza Red Bell Peppers Broccoli Oranges Ice Cold Milk</p>

